



How do other drugs affect warfarin?

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Can I take medications, over the counter and prescriptions with Coumadin® (warfarin) ?

YES! You can but you need to tell your anticoagulation provider of all the medication you are taking including the over the counter, herbal and dietary supplements, and medications.



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Can I take vitamins, nutritional and herbal supplements Coumadin® (warfarin) ?

YES! You can take supplements but you **MUST** tell your anticoagulation provider since the effects can alter your INR results. Supplements that affect your INR include:

- **Ensure®**
- Green tea
- Ginkgo
- St. John's Wort
- Garlic
- Ginseng
- Fish Oil
- Omega 3 Fatty Acids
- Kava Kava
- Danshen
- Vitamins for Eye Health



There are many more supplements that interact with **Coumadin® (warfarin)** therefore it is important to talk with your anticoagulation provider about the ones you are taking or thinking about starting. You may also need to have your INR levels drawn more frequently.

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Can I continue to smoke or drink alcohol while taking Coumadin® (warfarin) ?



- ❖ Drinking alcohol, smoking tobacco products or medical marijuana can affect how you react to **Coumadin® (warfarin)**.
- ❖ The best thing to do is to avoid alcohol and smoking. If you must, drink in moderation and keep the amount of smoking to a consistent level.
- ❖ Please notify your anticoagulation provider of any changes in your drinking or smoking .

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What if I miss or take the incorrect dose of Coumadin® (warfarin) ?

- ❑ If you think that you have taken too much **Coumadin® (warfarin)** by mistake, or have missed any doses, call your anticoagulation provider.



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What medications interact with Coumadin® (warfarin)?

Coumadin® (warfarin) interacts with many other medications:

- Prescription medicines
- Over-the-counter medicines
- Vitamins
- Herbal and Diet supplements/products



Some medications can increase your risk of bleeding without increasing your INR or interacting with warfarin. Some examples are aspirin and other NSAIDs (ibuprofen, naproxen, etc.). Check with your anticoagulation provider. Common medications that may interact with **Coumadin® (warfarin)** include:

Prescription	Over-the-counter	Vitamins	Herbal Supplements
Antibiotics	Pain relievers	Vitamin E	Ginseng
Anti inflammatory	Aspirin	Vitamin K	Garlic (capsules)
Heart medications	Ibuprofen		Ginger (capsules)
Ulcer & reflux medications	Cough and cold remedies		Ginkgo
			St. John's Wort

AS SOON AS YOU START OR STOP ANY MEDICATIONS/HERBAL SUPPLEMENTS/VITAMINS. Notify your anticoagulation provider. The healthcare provider may order more frequent INRs to check for interactions with **Coumadin® (warfarin)** .

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